



## An Unsurpassed Product Profile

### Prevalence of Vertigo

The symptom of vertigo is very frequent in every population. In general 20% of men and even 40% of women complain about vertigo attacks.

The treatment of vertigo remains still very difficult, as vertigo can be caused by various vascular, cardio-vascular, metabolic, traumatic or degenerative disturbances.

Vertigoheel offers a broad symptomatic treatment without any known side-effects or contraindications.

### Demonstrated Efficacy

**Clinical studies provide proof that Vertigoheel significantly reduces the severity of vertigo-specific symptoms and improves the quality of life for vertigo patients.<sup>1,5)</sup>**

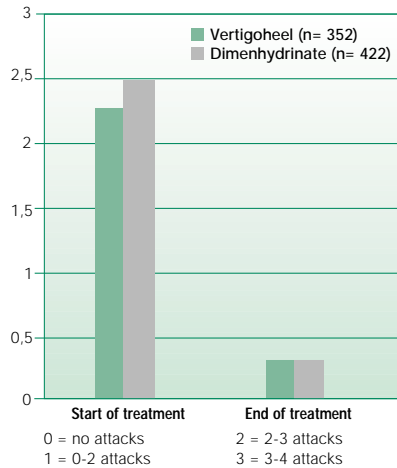
	Vertigoheel	Histamine Analogues (i.e.: Betahistine)	Antihistamines (i.e.: Dimenhydrinate)
Mechanism of action	Stimulation of vestibular regulatory systems	Increased blood supply to inner ear	Vestibular sedation
Efficacy for the treatment of vertigo demonstrated by clinical studies	Yes <sup>1,5)</sup>	Yes <sup>2,3)</sup>	Yes <sup>4)</sup>
Observed adverse events:			
- Sedation	No	No	Yes
- Anticholinergic effects	No	No	Yes
- Dizziness	No	Yes	Yes
- Nausea	No	Yes	No
- G.I. problems	No	Yes	Yes
Unproblematic use in cases of:			
- Pregnancy	Yes	No	No
- Asthma	Yes	No	Yes
- G.I. ulcers	Yes	No	Yes
- Concomitant use of any other medications	Yes	No	No

# Vertigoheel®

## Study of Vertigoheel vs. Dimenhydrinate<sup>5)</sup>

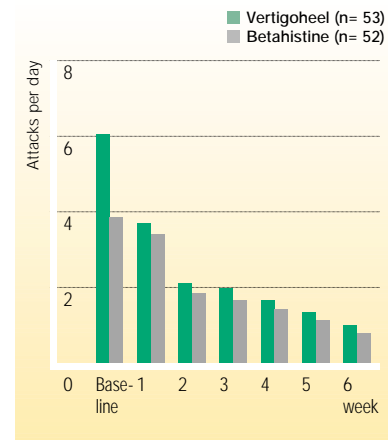
## Study of Vertigoheel vs. Betahistine<sup>1)</sup>

### Intensity of vertigo attacks



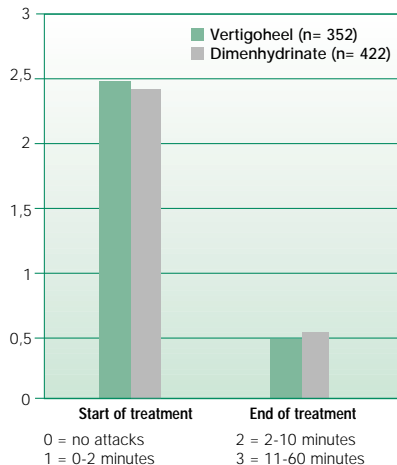
To provide evidence of the efficacy of Vertigoheel, a prospective, multi-center reference-controlled cohort study was initiated treating 774 patients with Vertigoheel (3x2-3 tablets/day) or dimenhydrinate (2-3x 50 mg/day) over a maximum period of 8 weeks.

### Frequency of vertigo attacks



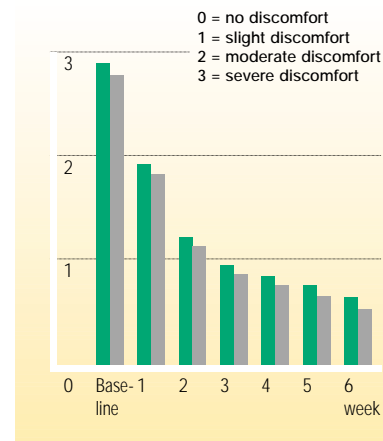
In a double-blind randomized clinical study with 105 patients, the efficacy of Vertigoheel (15 drops 3x/day) was compared to betahistine (6 mg 3x/day).

### Duration of vertigo attacks



Apart from a significant reduction of the frequency of vertigo attacks, duration, and intensity of the attacks were also reduced dramatically. The study reveals that the efficacy of Vertigoheel is equivalent to the allopathic remedy.

### Intensity of vertigo attacks



As a result of the study, Vertigoheel reduced frequency, intensity, and also duration of vertigo attacks significantly. The study reveals that the efficacy of Vertigoheel is equivalent to the allopathic remedy.

# Vertigoheel®

## Therapy

## Recommendations

	Acute therapy	Maintenance therapy
Drops	10 drops every 15 minutes for max. 2 hours	10 drops 3 x daily
Tablets	1 tablet to be dissolved in the mouth every 30 minutes (max. 12 tablets per day)	3 tablets to be dissolved in the mouth 3 x daily
Sterile ampoules	1 ampoule orally or injected i.m., s.c., i.d., i.v.	3–1 ampoules per week orally or injected i.m., s.c., i.d., i.v.



**Non-drowsy formula**



**No contraindications or restrictions with regard to age or duration of therapy**



**No interactions with other drugs (suitable for long-term treatment)**

Vertigoheel® Drops, Tablets, Injection Solution

**Composition:** **Drops:** 100 g cont.: Anamirta cocculus D4 70 g; Conium maculatum D3, Ambra grisea D6, Petroleum rectificatum D8 10 g each. Contains 35 vol.-% alcohol **Tablets:** 1 tablet cont.: Anamirta cocculus D4 210 mg; Conium maculatum D3, Ambra grisea D6, Petroleum rectificatum D8 30 mg each. **Injection solution:** 1.1 ml cont.: Anamirta cocculus D3 7.7µl; Conium maculatum D2, Ambra grisea D5, Petroleum rectificatum D7 1.1 µl each. **Indications:** Dizziness of various origins (particularly arising from arteriosclerosis). **Contraindications:** None known. **Side effects:** None known. **Interactions with other medication:** None known. **Note:** Vertigoheel is not incompatible with alcohol and has no sedative properties (does not influence safety in traffic, etc.). **Dosage:** **Drops:** In general, 15-20 drops 3 times daily; in sporadic dizziness and nausea initially 10 drops every 15 minutes. **Tablets:** In general, 3 tablets to be dissolved in the mouth 3 times daily; in sporadic dizziness and nausea initially 1 tablet every 15 minutes. **Injection solution:** In sporadic dizziness and nausea daily, otherwise 3-1 times weekly 1 ampoule i.m., s.c., i.d., i.v. **Package sizes:** **Drops:** Drop bottles containing 30 and 100 ml. **Tablets:** Packs containing 50 and 250 tablets. **Injection solution:** Packs containing 10, 50, and 100 ampoules of 1.1 ml.

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### References:

- 1) Weiser M, Strösser W, Klein P. Homeopathic vs Conventional Treatment of Vertigo - A randomized Double-blind Controlled Clinical Study. Arch Otolaryngol Head Neck Surg 1998, 124: 879-885
- 2) Cauty P, Ventine J, Papworth SJ. Betahistine in Peripheral Vertigo: A Double-Blind, Placebo-Controlled, Cross-Over Study of Serc® versus Placebo. J Laryngol Otol. 1981, 95: 687-692
- 3) Oosterveld WJ. Betahistine Dihydrochloride in the Treatment of Vertigo of Peripheral Vestibular Origin: A Double-Blind Placebo-Controlled Study. J Laryngol Otol. 1984, 98: 37-41
- 4) Mulch G. Comparison of the Effectiveness of Antivertiginous Drugs by Double-Blind Procedure. The Effect of Diazepam, Dimenhydrinate and Sulpirid on the Human Vestibular Spontaneous Nystagmus. Laryngologie, Rhinologie, Otologie, 1976, 55 (5): 392-399
- 5) Wölschner U, Strösser W, Weiser M, Klein P. Treating Vertigo - Homeopathic Combination Remedy Therapeutically Equivalent to Dimenhydrinate. Biologische Medizin 2001, Vol 30 No. 4: 184-90

# Vertigoheel®

The Modern Homoeopathic  
Therapy for

Vertigo

Dizziness

Nausea



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