

Heel Homeopathics

Help your body heal itself

Gentle remedies for
common colds and flu



-Heel

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Baden-Baden, Germany

What is a cold or a flu?

A cold is an affliction of the upper respiratory tract which lasts for about five to ten days. The common cold is caused by certain pathogens, usually viruses. The name "cold" refers to the fact that the affliction often develops after one has become thoroughly chilled. Such cooling can weaken the body's defense mechanisms and make it more susceptible to pathogens of all kinds. Influenza (or common flu) is the general term for a feverish ailment which arises from various causes. Such an infection almost always involves the upper respiratory tract (cough, head cold, sore throat). The lower respiratory tract can also be affected. The susceptibility for colds and flu is largely determined by the immune system. However, the effective functioning of the immune system depends not only on physical health, but also on one's emotional or psychological well-being.

How do Heel homeopathic products work?

Heel products contain multiple homeopathically-prepared active ingredients. As "antihomotoxic" products, these represent a particular form of complex homeopathic preparations which were developed by Dr. H.-H. Reckeweg. Dr. H.-H. Reckeweg recognized that diseases primarily develop when the body has been overtaxed by contaminants and pathogens (the so-called homotoxins = "human



toxins"), and is attempting to rid itself of these harmful influences. Reckeweg called his theory of disease "Homo-toxicology" (the science of human toxins). The treatment with Heel products stimulates the immune system and activates the body's own defense mechanisms to remove toxic agents and pathogens – this is the first crucial step towards healing. The finely balanced homeopathic agents act to stimulate the body to heal itself by producing antibodies. The Heel homeopathic products have the advantage that they do not suppress pathological symptoms, and hence block the activity of the body's defence mechanisms, and they also do not burden the body with even more toxic agents.

Therefore a therapy using Heel homeopathic products helps the body to heal itself.

Can Heel products also be administered to children?

Especially in the case of children, it is of vital importance to use well-tolerated and low-risk products, in order to avoid an unnecessary toxic burden. The Heel homeopathic products mentioned in this brochure fully meet this demand and are particularly well suited for effective administration to children. As a rule children tend to respond most effectively to the delicate stimulation of Heel products.



What are the most important Heel products for treating the common cold and flu?

Euphorbium compositum- Nasal Spray S®

Indications: Rhinitis of various origins (viral, bacterial, allergic); chronic sinusitis; to facilitate nasal respiration in hay fever.

Contraindications: Hypersensitivity to benzalkonium chloride. **Package sizes:** Atomiser without propellant, 20 ml

Head colds



Viburcol®

Suppositories for infants and children

Indications: For treating restlessness with or without fever. Also for the symptomatic treatment of common infections.

Package sizes: Packs containing 12 and 60 suppositories of 1.1 g.

Feverish
conditions



Angin-Heel® S

Tablets

Indications: Tonsillitis, sore throat. **Contraindications:** None known.

Side effects: In rare cases, increased flow of saliva may occur after taking this medication. If this happens, the therapist should be consulted.

Package sizes: Packs containing 50 and 250 tablets.

Sore throat



Gripp-Heel® Tablets

Indications: Common cold and flu and for the stimulation of the immune system.

Package sizes: Packs containing 50 and 250 tablets.



Flu

Belladonna- Homaccord® Drops

Indications: Localised inflammation, e.g. tonsillitis, furuncles, carbuncles.

Package sizes: Drop bottles containing 30 and 100 ml.



Tonsillitis

Bronchalis-Heel® Tablets

Indications: Bronchitis, especially chronic smoker's catarrh.

Package sizes: Packs containing 50 and 250 tablets.



Bronchitis

Husteel® Drops

Indications: Coughs, e.g. chills and colds.

Contraindications: The preparation includes an iodine-containing ingredient. In cases of thyroid disorder with reduced iodine tolerance use only on the advice of a physician. **Side effects:** None known.

Package sizes: Drop bottles containing 30 and 100 ml.



Cough

Which are the most popular Heel homeopathics?

Other popular Heel products are:

Arnica-Heel drops	Acute and chronic inflammation
Engystol tablets	Activation of the immune system
Hamamelis ointment	Haemorrhoids and varicose veins
Hepeel tablets	Hepatic dysfunction
Hormeel S drops	Menstrual cycle dysfunctions
Klimakt-Heel tablets	Menopausal conditions
Luffa comp.-Heel nasal spray	Allergic hay fever
Lymphomyosot drops	Lymph drainage
Nervoheel tablets	Restlessness - insomnia
Nux vomica-Homaccord	Gastro-intestinal disorders
Oculoheel eye drops	Eye irritations
Ranunculus-Homaccord	Cold sores
Rheuma-Heel tablets	Rheumatic complaints
Schwef-Heel drops	Eczema
Traumeel S ointment	Injuries and inflammation
Traumeel S tablets	Inflammation
Vertigoheel tablets	Vertigo and motion sickness
Vertigoheel drops	Vertigo and motion sickness
Zeel T ointment	Osteoarthritis
Zeel T tablets	Osteoarthritis

Important information:

When using Heel homeopathic products, please note to the unique characteristics of this treatment method. As explained, Heel products activate the body's own defence mechanisms and hence improve natural bodily functions. It is in the nature of homeopathy that a certain "start-up" time may be required before the body's own regulatory mechanisms respond to the careful balance of active agents.

If you require assistance in selecting the appropriate Heel products, or if you are pregnant or lactating, always consult your pharmacist for expert advice. If your symptoms persist always consult your physician.

Where can I purchase Heel products?

Stockist's stamp:

-Heel